



Wilkes-Barre Family YMCA
36th ANNUAL SWIM YOUR OWN AGE & 13-19
ST. PATRICK'S MEET
Sunday, February 20, 2011

WARM UP:

6, 7, 8 and 9 year olds-9:00-10:00 A.M.
Meet starts 10:00 A.M.
10, 11, 12 year olds & 13-19-1:00-2:00 P.M.
Meet Starts 2:00 P.M.
Doors open at 8:40 A.M.

RULES:

The Current USA stroke & turn rules.
Timed finals.

ENTRIES:

Swimmers may enter a maximum of 5 individual events. Individual entries must be Submitted on-line via our website. Payment to be Paid at the YMCA Front Desk or on-line. NT may be used if no time is available

ENTRY FEES:

\$4.00 per event. On-line entry payments must be made With a credit card.

FACILITIES:

Six lane 25 yard pool, with anti turbulent lane markers. Colorado Timing System.

AWARDS:

1st-3rd Rosettes (Individual)
4th-12th place ribbons-AM Session (Individual)
High Point Male/Female each age
4th-8th place ribbons-PM Session (Individual)
No Awards for Relays
Heat Winner Ribbon (AM Session)

MEET DIRECTOR:

Tammy Lalli (570) 823-2191 ext. 151
tammy.lalli@wbymca.org

ENTRIES CLOSE:

All entries must be made by Wednesday, February 9th, 2011. NO LATE ENTRIES WILL BE ACCEPTED.

ELIGIBILITY:

The age of the swimmer, on the day of meet, will determine the age he/she may enter.

OTHER:

Metro Swim Shop will be attending the meet.
Concession stand will be available throughout the meet.
Having the luck of the Irish is optional.

GIVE ENTRIES TO:

Enter via our website

HOTEL ACCOMODATIONS:

Econo Lodge (570) 823-0600
Ramada Plaza (570) 824-7100

ADMISSION

Adult - \$2.00
Children under 12 and all swimmers are free.
Programs - \$3.00



Morning Session Warm-up 9:00-10:00 am
Meet Start: 10:00 am
Boys & Girls: 6,7,8 and 9 year olds

Afternoon Session Warm-up 1:00-2:00 pm
Meet Start: 2:00 pm
Boys & Girls: 10, 11, 12 year olds & 13-19

EVENT	AGE GROUP	GIRLS	BOYS
25 FREE	6 & UNDER	1	2
25 FREE	7	3	4
25 FREE	8	5	6
25 FREE	9	7	8
25 BACK	6 & UNDER	9	10
25 BACK	7	11	12
25 BACK	8	13	14
50 BACK	9	15	16
100 I.M.	6 & UNDER	17	18
100 I.M.	7	19	20
100 I.M.	8	21	22
100 I.M.	9	23	24
25 FLY	6 & UNDER	25	26
25 FLY	7	27	28
25 FLY	8	29	30
50 FLY	9	31	32
25 BREAST	6 & UNDER	33	34
25 BREAST	7	35	36
25 BREAST	8	37	38
50 BREAST	9	39	40
50 FREE	6 & UNDER	41	42
50 FREE	7	43	44
50 FREE	8	45	46
50 FREE	9	47	48

EVENT	AGE GROUP	GIRLS	BOYS
50 FREE	10	49	50
50 FREE	11	51	52
50 FREE	12	53	54
50 FREE	13-19	55	56
50 BACK	10	57	58
50 BACK	11	59	60
50 BACK	12	61	62
100 BACK	13-19	63	64
100 I.M.	10	65	66
100 I.M.	11	67	68
100 I.M.	12	69	70
200 I.M.	13-19	71	72
50 FLY	10	73	74
50 FLY	11	75	76
50 FLY	12	77	78
100 FLY	13-19	79	80
50 BREAST	10	81	82
50 BREAST	11	83	84
50 BREAST	12	85	86
100 BREAST	13-19	87	88
100 FREE	10	89	90
100 FREE	11	91	92
100 FREE	12	93	94
200 FREE	13-19	95	96
200 FREE RELAY	MIXED		97
400 FREE RELAY	MIXED		98

Swimmers can compete in a maximum of 5 events. Entry fee is \$4.00 per event.

**ENTRIES MUST BE MADE VIA OUR WEBSITE BY
WEDNESDAY, FEBRUARY 9TH**

VOLUNTEERS?

In order to successfully run a meet of this size, the Wilkes-Barre Family YMCA Dolphins Swim Team needs extra officials. If you can help out, please indicate below. THANK YOU!!! Contact Tammy Lalli at tammy.lalli@wbymca.org if you would like to volunteer.

I would like to help out during the meet. I can help out with the following jobs:

_____ Stroke & Turn _____ Timer Name: _____ Phone: _____

e-mail: _____

DIRECTIONS:

W-B YMCA is on the corner of W. Northampton St. and S. Franklin Streets in downtown Wilkes-Barre. The entrance way is on S. Franklin side of the building. There are two Park and Lock lots available (one on W. Northampton St. and one on E. Northampton St.).

From the PA Turnpike:

Take Exit 36 (Bear Creek) to Route 115 North to Exit 3 (River Street). Turn Left onto River Street, proceed approximately 1.8 miles, turn left onto W. Northampton. YMCA is on the right.

From Interstate 81:

Take Exit 165 to 309 (Business) North. Pass the K-Mart and then take your first right (approx. 0.3 miles past K-Mart). Take left at stop sign onto E. Northampton. YMCA is approximately 1.3 miles on your left.